



May 2012 Chef's Specials

A Trio of Breakfast Quiche's

Mushroom, Onion and Goat cheese
Swiss Cheese and Bacon
Leek, Onion and Parmesan Cheese
Grilled Tuscan Bread
Low Fat Greek Yogurt with Granola
Regular and Decaf Coffee and Tea
\$12.99/pp, minimum of 10 people

Specialty Sandwich

House Roasted Pork Butt, Pickled Onion, Avocado and a Black Bean Spread on Ciabatta
\$8.99/pp, a la carte

Hot Italian Petite Sandwich Package

Classic Eggplant Parmesan
Italian Sausage and Sweet Peppers on Ciabatta
Old Fashioned Chicken Parmesan on Ciabatta
Romaine Lettuce with Pickled Pepperoncini, Black Olives, Roasted Red Peppers, Balsamic Vinaigrette
Tortellini stuffed with Pecorino & Parmesan, tossed in Basil Pesto and Toasted Pine Nuts
Lemon Bars & Cannolis
\$19.99/pp, minimum 10 guests

May House Salad

Arugula, Watermelon Radish, Green Bean, Ricotta Salata, Lemon Vinaigrette
\$3.99/pp, minimum 10 people

May Vegetarian Salad

Raw Shaved Cauliflower, Tossed in a Spice Mix Vinaigrette
\$4.99/pp, minimum 10 people

May Chefs Table

Dandelion Greens, Butter Croutons, Maytag Blue Cheese, Fig Reduction
Oven Roasted Yukon Gold Potato, Spicy Shallot Marmalade
Blackened Salmon
Yellow Wax Bean and Green Beans
Roasted Garlic Tomato Relish
Pan Roasted Duck Breast
Beluga Lentils, Rhubarb Port Gastrique
Freshly Baked Cookies
\$34.99/pp, minimum 12 people

May Hot Buffet on a Budget

Chicken Piccata
Broccoli Rabe with Roast Garlic
Romaine, Cucumber, Grape Tomato, Carrot, Red Onion, Italian Vinaigrette
Garlic Breadsticks
\$12.99/pp, 12 minimum people

Cinco de Mayo 2012 – Asado

Grilled Skirt Steak, Chimichurri Sauce
Al Pastor Chicken Tacos
Black Beans
Yellow Rice with Vegetables
Red Leaf Lettuce Salad, Chipotle Ranch Dressing
Cinnamon & Sugar Churros
\$22.99/pp, 12 minimum people



To place an order:

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www.1st-fresh.com